## USA MENTAL HEALTH FIRST AID

Montcalm Area ISD and Montcalm Care Network are pleased to sponsor

## Mental Health First Aid





montcalm care network

## Mental Health First Aid

Is an 8-hour public education program that introduces participants to mental health risk factors and warning signs, builds understanding of their impact, and overviews common supports for adolescents ages 12-18. This program is included on the Substance Abuse and Mental Health Services Administration's National Registry of Evidence-Based Programs and Practices. Join us to learn about the variety of mental health challenges common among adolescents and what you can do to help.

Date:	March 24, 2016
Time:	8:00 a.m. – 5:00 p.m.
Audience:	Teachers, counselors, coaches, administrators, other school personnel, parents, youth leaders, etc.
Cost:	There is no cost to attend. Lunch, materials, and SCECHs are included.
Register:	www.maisd.com